

Female Leaders Accelerator Program

Supporting women's professional growth

DEVELOP YOUR
COMPETITIVE EDGE.



**FEMALE
LEADERS
ACCELERATOR
PROGRAM**

WHO IS THIS PROGRAM FOR?

Specifically designed for female leaders who want to develop the competitive edge needed to succeed in a competitive corporate environment. This program will support you in honing the behaviours, habits and skills to allow you to show up with confidence, build an intentional career and develop a mindset that sets you up for success.

At Odgers Berndtson, we know how difficult it can be for women to progress in leadership roles and that's why we created the Emerging Female Leaders Community of Practice. This has been an outstanding success which has helped to build a supportive network for female leaders. Now, we want to go one step further by offering you an exclusive coaching program.



THE FEMALE LEADERS ACCELERATOR PROGRAM WILL:

- Strengthen your presence and impact to always be your most powerful and confident self.
- Address self-limiting beliefs to powerfully negotiate your worth and your career on your terms.
- Set you on course to build an intentional career that is aligned to your values and the legacy you want to leave in the world.

WHAT YOU CAN EXPECT FROM THE PROGRAM:

This is an online program, delivered to you in the comfort of your home. The learning modules will be delivered online and supported by group and individual coaching sessions.

The three modules will cover:

1. Power Up Presence and Impact
2. Mindset Reset – addressing self-limiting beliefs
3. Beginning with End in Mind – creating an intentional career

The program is delivered over three months and you will receive:

- Online video tutorials, handouts, exercises for each of the three modules
- Six group calls via Zoom (60 minute duration)
- Three individual coaching sessions (45 minute duration)
- Access to all individual and group call recordings by personalised and secure link.

YOUR EXPERT COACHES



MARY MCGUIRE
Agents2Change

Mary McGuire, founder of Agents2Change, a niche organisational transformation agency, and author of *Coming Home to You*, A personal Transformation handbook, will be supporting you through the journey of this unique program.

After 20 years of Corporate consulting, Mary is passionate about helping women in leadership to take control of their professional lives. After carving out an exceptional international career herself, by learning to overcome self-doubt, limiting beliefs and frustrations that were holding her back, she realised many women struggled to progress after hitting a certain point in their career. It takes a shift in how we see the world, for the world to shift, so Mary focuses on mindset, beliefs and behavioural shifts, which make the biggest difference to career success.

Mary and her team are all educated to Masters level and are highly experienced coaches, with successful corporate backgrounds in leadership roles.



DEIRDRE O'SHAUGHNESSY
Partner

Deirdre is a Partner at Odgers Berndtson Ireland. She has a particular interest in increasing the general diversity and specifically gender balance at decision-making levels in organisations and is the Champion of the Emerging Female Leaders Community of Practice developed by Odgers Berndtson Ireland.

Deirdre specialises in senior executive appointments from Head of Function to Board level across a broad spectrum of industries and functions. Clients include Irish and international plcs, private and public organisations, and entrepreneurs looking to grow and scale their businesses.

Prior to joining Odgers, she was Director of Client Services for an international management consulting firm and also led a specialist recruitment company for over seven years. In her earlier career, Deirdre held a variety of senior-level business development and operations management roles in the ICT and BPO sectors in Ireland and the UK.

To find out more and secure your place on the program contact:
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